

Center for Discovery and Adolescent Change

Program Schedule as of October 2006

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	TIME	SATURDAY	SUNDAY
6:00-6:30	Wake Up	Wake Up	Wake Up	Wake Up	Wake Up	7:00 – 8:00	Wake Up	Wake Up
6:30-8:00	Coaches	Coaches	Hygiene/Walk	Coaches	Coaches	8:00-8:50	Hot Breakfast	Breakfast
8:00-9:00	Breakfast Hygiene	Breakfast Hygiene	Breakfast Hygiene	Breakfast Hygiene	Breakfast Hygiene	8:50-9:00	Medication	Medication
9:00-12:00	School	School	School-Community	School	School	9:00-10:00	Coaches Education	Commitment Forms
12:00-12:50	Lunch Chores	Lunch Chores	Lunch Chores	Lunch Chores	Lunch Chores	10:30	Outing	Gardening
12:50-1:00	Medication	Medication	Medication	Medication	Medication		Outing	
1:00-2:00	Commitment	Commitment	Commitment	Commitment	Commitment		Outing	
2:00-2:10	Transition	Transition	Transition	Transition	Transition	11:00-12:00	Outing	Treatment Goals
2:10-3:00	Process	Process	Coaches Education	Process	Process	12:00-1:00	Outing	Lunch
3:00-3:05	Transition	Transition	Transition	Transition	Transition	1:00-2:00	Lunch Chores	
3:05-4:00	Communication	Pre-Contract Group	Beliefs	Gardening	Spirituality Recovery	2:00-3:00	Commitment	Family Visits and Passes
4:00-5:00	Treatment Goals	Recreation	Recreation	Commitment 2	Movie	3:00-4:00	Communication 3	Pass/Visit Check-In
5:00-5:30	Dinner	Dinner	Dinner	Dinner	Movie	4:00-5:00	Treatment Goals	
5:30-6:00	Dinner	Dinner	Dinner	Dinner	Movie	5:00-6:00	Dinner	Dinner Chores
6:00-6:30	Chores	Chores	Chores	Chores	Dinner Chores	5:30-6:30	Deep Clean	
6:00-7:00	Addiction Series 1	Addiction Series 2	Ethics Work Group	Person of Your Word		7:00-8:00	Structured Down Time	
6:30-7:30					Addiction Series	9:00	Medication	Medication
7:00-7:30	NA Meeting	Level Privilege Commitment	Treatment Goals (7-8)	Journal Commitment	Addiction Series	9:00-9:30	Journal	
7:30		NA Meeting		Treatment Goals	NA Meeting	9:30-10:00	Relaxation Hygiene	Structured Down Time
8:00-9:00			Privilege Structure	Privilege Structure		10:15		Lights Out
9:00-9:30			Hygiene	Hygiene		10:30	Lights Out	
9:30-10:00	Med Snack Bed time	Med Snack Bed time	Med Snack Bed time	Med Snack Bed time	Med Snack Bed time			
10:15	Lights Out	Lights Out	Lights Out	Lights Out	Lights Out			